

Monday 3:30-4:30

Building Healthy Habits & Families

Tuesday 2-3pm

Nov 5	Infant Choking & CPR
Nov 12	NO CLASS - CLINIC CLOSED
Nov 19	Triple P Parenting
Nov 26	Winterizing Your Car
Nov 28	NO CLASS - THANKSGIVING
Dec 3	Getting to Know Your Body Part 1
Dec 10	Getting to Know Your Body Part 2
Dec 17	Christmas Craft Fun
Dec 24	NO CLASS - CHRISTMAS HOLIDAY
Dec 31	NO CLASS - NEW YEAR HOLIDAY
Jan 7	Toddler Nutrition
Jan 14	What's New at the Library
Jan 21	Child Health
Jan 28	Sleep Habits for Children

Wednesday 2-3pm

Mother's Support Group

Thursday 12:30-1:30

Nov 7	Breastfeeding
Nov 14	Syds Cleaning Solutions
Nov 21	Gift Wrapping 101
Nov 28	NO CLASS - THANKSGIVING
Dec 5	Christmas Crafts
Dec 12	Cookie Decorating
Dec 19	Gingerbread House Making
Dec 26	NO CLASS - CHRISTMAS HOLIDAY
Jan 2	NO CLASS - NEW YEAR HOLIDAY
Jan 9	Daily Routines for Children of All Ages Part 1
Jan 16	Daily Routines for Children of All Ages Part 2
Jan 23	Instruction & Discipline of Children Part 1
Jan 30	Instruction & Discipline of Children Part 2

** Partners are welcome to join clients at any of our **Monday, Tuesday,** and **Thursday** classes. Mother's Support Group is for clients only. Clients will receive **double Baby Bucks** when a partner attends.

WINTER 2024/2025 CLASS SCHEDULE

November-January



MY LIFE
CLINIC